

**LOVE  
FOOD**  
hate waste

**LOVE  
A LIST**

- ✓ Plan meals
- ✓ Shop to a list
- ✓ Waste less food
- ✓ Save money

**Join the Love a List Challenge**

**[www.lovefoodhatewaste.vic.gov.au](http://www.lovefoodhatewaste.vic.gov.au)**