

**LOVE  
FOOD**  
hate waste

**LOVE  
A LIST**

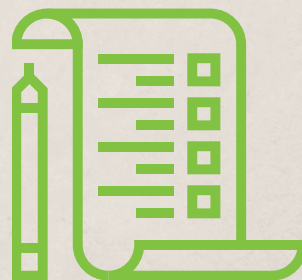
**SAVE MORE MONEY ON YOUR SHOP**



**Use  
a meal plan**



**Check  
what you have**



**Shop  
with a list**

**Join the Love a List Challenge**

**[www.lovefoodhatewaste.vic.gov.au](http://www.lovefoodhatewaste.vic.gov.au)**